



Sacramento Insight Meditation

Board Meeting Minutes for April 13, 2026

A regularly scheduled meeting of the Sacramento Insight Meditation (SIM) Board of Directors was convened at 6:00 PM on Monday, April 13, 2026, via Zoom.

Attendance

President	Amy Kovak
Vice-President	Vacant
Treasurer	Absent
Secretary	Karen Tercho
Member-At-Large	Margaret Buss
Member-At-Large	Katie Stonebraker
Faculty Rep(s)	Absent
Sacramento Dharma Center Rep	Diana Cassady
YPS Rep	Absent
Recorder	Absent

Beginnings

The meeting began with a five-minute sitting, reading of the Board Participation Guidelines, and a personal check-in.

Meeting Minutes

The Board Minutes for March 9, 2026, were reviewed and approved unanimously.

1.0 Consent Agenda (No Discussion Items)

1.1 Social Media

1.2 Operations Manager/ Professional Services

1.3 TLC

1.4 Volunteers/Projects

2.0. Fiscal

2.1 Financial Reports (Carmen)

Financial Summary as of March 2026 – Monthly Report:

Prior to this meeting, the Treasurer briefly reviewed SIM's Statement of Financial Position and Statement of Activity reports for January 1, 2026, through March 31, 2026. These reports are provided in the Meeting Materials.

SIM's finances stand as follows:

Statement of Financial Position

Total Liabilities and Equity through March 31, 2026: **\$147,267.39**
(Previous total \$145,964.29)

Statement of Activity by Class

Net Revenue through March 31, 2026: **\$31,556.46**
(Previous total \$30,713.55)

It is encouraging that SIM did significantly better YTD 2026 than YTD 2025 in One-Day Retreats Dana and One-Day Retreats Supported (donations over the base registration), even though registrations for One-Day Retreats stayed about the same both years. We will continue to monitor revenues and expenses throughout the year.

For details, see the financial reports in the SIM Drive.

2.2 Donation to SDC from Non-Residential Retreat Profits (Amy)

The non-residential retreat had \$2,200 in registrations (\$1,600 base + \$600 support) and \$1,009 in expenses (\$600 AV; \$409 lodging), resulting in a profit of \$1,191.

After discussion, the board agreed to donate \$300 to SDC for the use of the additional space.

3.0 Board-Faculty Communication

3.1 Faculty Report (Amy)

The Board members reviewed the current faculty report, which detailed Rich and Diane's recent activities in sharing dharma.

4.0. Community Outreach

4.1 YPS Update (Amy)

The Board reviewed the information Dylan had shared via email regarding YPS. YPS is growing, with as many as 25 or more people regularly attending meetings. The Board discussed various options to address the Library's limited space amid increasing YPS attendance.

5.0 Operations Issues

5.1 BDOG (Amy)

May 7 is the Big Day of Giving (BDOG). Several sangha members have stepped up to volunteer. Amy will check in with Rich to see if there are any additional volunteer needs.

The four board members present agreed to donate to SIM's BDOG fundraiser. We will follow up with the Treasurer about this.

Amy will follow up with Rich on plans to share BDOG information with sangha members. Thursday evening announcers in the weeks leading up to BDOG and on the day itself are asked to promote it during their announcements.

5.2 Walt's 3-Day Weekend (Amy)

Board members discussed plans for Walt's 3-day weekend, April 23, 24, 25. For the Friday afternoon tea and Saturday daylong, registration is open. Set-up needs and a potential dinner were also discussed.

5.3 Community Event July 9 (Amy)

It was previously decided to have a sitting period followed by social time. Amy will ask Sara D. whether she can attend and lead the practice portion of the evening. Board members agreed to brand this a "community social." Dharma and dessert; sit-and-snack; semi-potluck with no dishes to deal with.

6.0 SIM Board

6.1 Board Recruitment (Amy)

No updates this month.

7.0. SDC

7.1 SDC Updates (Diana)

Susan Orr Memorial Garden is on April 18 – Jim O'Hare will lead a Zen ceremony. Interviews for the Operations and Development Manager are underway. Diana is optimistic that SDC will be able to offer the position. The new operations and development manager will be expected to attend events, get to know each sangha, and take on some of the responsibilities currently handled by the SDC Board President. They will report to the SDC board president.

7.2 SDC Financial April 7 Meeting (Amy)

- The upcoming SDC meeting has been rescheduled for May 16, 10:00 am to 2:00 pm. Amy and Margaret can attend, and Katie is a “maybe.”
- Other questions and suggestions that arose from SIM Board members:
 - What can the SIM Board offer as a constructive response to the idea of a rent increase?
 - Amy offered that SIM is not opposed to a rent increase and understands that we need to address future shortfalls. SIM has added a 5% increase to our 2026 budget.
- Ideas on solving the overall funding problem are welcome – how do we continually draw from the same donor pool?
 - Diana requests that we provide input on how to address the funding shortage we're facing in a few years.
 - Amy will put this on the May 11 SIM Board meeting for further discussion.

8.0 New Business

8.1 Open Discussion - None at this time.

Action Items:

Who is responsible	Task/s to be performed	Completion Date
Amy	Follow-up with Rich regarding the BDOG	4/16/2026
Amy	Follow-up with Carmen regarding BDOG giving	4/13/2026
Amy	Write a check to the SDC	4/16/2026
Amy	Follow up with Recovery Sangha regarding the use of the space	4/30/2026

Amy	Ask Sara if she can serve as the practice leader for the July 9 Community Day	4/14/2026
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9.0 Next Board Meeting

May 11, 2026, 6:00-8:30 PM

Respectfully submitted,
Karen Tercho, Secretary