

Ten Books That Mattered - Quotations

Dennis M Warren, Founding Teacher
Sacramento Insight Meditation

U Tejaniya – The Daily Tejaniya - November 17, 20 23 – We can read a thousand words and try to reason our way toward balancing the mind and revealing understanding. But ultimately, we must do the work and create the conditions for this to happen. The meditating mind is beyond words, beyond reason, beyond self.

Bishop John A T Robinson - Honest to God

The first thing we must be ready to let go of is our image of God. God is the inexhaustible depth and ground of all being. It is both the deepest mystery and the most immediate reality of our lives. This ground is not found in transcending life, but at its very center, through the deepest immersion in existence, in our relations with others and nature. The real value of mystical experience is that it informs the common experiences of being alive.

John Lilly, MD - Center of the Cyclone

In the province of the mind, what one believes to be true, either is true or becomes true, within certain limits. These limits are to be found experimentally and experientially. They are further beliefs to be transcended. In the province of the body, there are definite limits that cannot be transcended. In the province of the mind, there are no limits.