



Sacramento Insight Medita

FINAL

Sacramento Insight Meditation Board Meeting Minutes February 13, 2023

A regularly scheduled meeting of the Sacramento Insight Meditation (SIM) Board of Directors was convened at 6:00 PM on Monday, February 13, 2023 via teleconferencing.

Attendance

President	Jon Siiteri	Member-At-Large	Amy Kovak
Vice President	Absent	YPS Rep	Absent
Treasurer	Sara Denzler	Faculty Rep	Rich Howard
Secretary	Alice Carney	SDC Rep	Greg Gollihur
Recorder	Absent	Member-At-Large	Karen Tercho
Member-At-Large	Greg Gollihur		

Beginnings

The meeting began with a five-minute sitting, personal check-in, and reading of the Board Participation Guidelines.

Minutes

SIM Board Minutes from February 13, 2023 were reviewed and approved unanimously.

Beginnings (6:00-6:20)

Sitting and Reading of Board Participation Guidelines
Personal Check-In

Minutes (6:20 - 6:25)

Review and Approval of Board Minutes for January 9, 2023

1.0. Fiscal (6:25 - 6:40)

1.1 January Financial Reports

Sara reported SIM's finances are in the black, no major changes.

Financial reports are on Google drive below

January financial statement

January financial activity

1.2 Resolution to update BofA signatories

Sara said these will be updated in the next few weeks

1.3 Board Proposal to appoint Greg Gollihur Treasurer

Sara's proposal to appoint Greg Gollihur Treasurer passed unanimously. Greg thanked her for the time spent explaining SIM's finances and the treasurer's duties, (Google Drive at Treasurers Toolbox)

1.4 Tate Associates for SIM Taxes. Sara reported that this will be taken care of next month.

2.0. Board-Faculty Communication (6:40 - 7:00)

2.1 Faculty Report

Rich reported that the six week on line Beginning Meditation class is in session 4, has had a major drop off in attendance (from 30 to 14).

Introduction to Meditation class is given every other month, has no sign-ups at this time. Next intro class is scheduled for March.

The faculty, Rich, Diane, Dennis are fully engaged teaching and mentoring.

Sara pointed out that the Board voted to raise class fees in the Fall to \$45 (except for the Beginning Meditation class, which stays at \$35)

2.2 April Mini-Retreat

Rich reported that all six teaching slots for the mini-retreat are filled. There was a long discussion on getting information to the public on the retreat. Jon will contact connections at UCD nursing school and medical school. Karen is doing through her work at CSUS. Any will ask Sabitre to create a page on the website dedicated to the retreat. Alice will oversee the creation of the page the website and the creation of flyers and other means of getting the word out on the retreat; create a folder on Google Drive on steps for outreach for the retreat and for the Legacy project. Rich said the dana from the retreat will be shared equally with all six teachers.

2.3 Teacher Liaison Committee

Karen, Rich, and Jennifer (Powers?) are meeting to identify the next teacher for the Legacy Project.

Board went into executive session to discuss confidential issue with a sangha member. Confidential issues filed on Google Drive.

3.0. Operations Issues (7:00-7:25)

3.1 Addressing Board workload issues

John suggested Board members reflect on their duties, make a list of tasks and preferences and recommendations. It was agreed that that this would be done personally, no need for a meeting.

3.2 Website Committee Report

Karen and Sabitre are Admin for the new website. The web committee met with Three29 last week. Preparing for migrating the old site to the new site. Karen is waiting to hear back from Sabitre, suggesting a migration date for March 8.

3.3 Masking policy - time to adjust?

After much discussion Jon proposed: Relax the mask mandates for SIM meetings. Masks optional. Strongly encourage the full course of vaccinations or wear a mask. SIM will still supply masks, use air filters,

keep chair distance. If feeling unwell, use the alternative of Zoom. Motion passed.

4.0. Community Outreach (7:25-7:30)

4.1 YPS no representative

5.0. Retreat and Class Updates (7:30-7:35)

5.1 Residential retreat 2023 (Begin recruiting for retreat manager) Not addressed

5.2 Class Updates Not addressed

6.0. Volunteer Updates. (7:35-7:45)

6.1 Volunteer Update Mary Ann in Alaska has offered to volunteer remotely. Responded to but has not responded back. Karen is in conversation with Simon who applied on the website volunteer page.

7.0. SDC (7:45 - 7:55)

7.1 SDC Report Greg, SDC representative for SIM, expressed concern about SDC financial changes. Sara (outgoing treasurer) said to ask SDC to give SIM a “heads up” if there will be an increase in our rental fees. To the question of what groups can rent the building, Sara pointed out that SDC has a policy of any renters having to be sponsored by a sangha. Greg is to suggest that SDC should have policies on rental that can be understood and followed.

The Board gratefully thanked Sara Denzler for her six years of service to SIM as Board Treasurer.

Meeting adjourned at 8:30 pm

8.0. Next Board Meeting

March 13, 2023 @ 6pm - 8:30pm

**Respectfully Submitted,
Alice Carney, Secretary**