



Sacramento Insight Meditation

FINAL

Sacramento Insight Meditation Board Meeting Minutes October 10, 2022

A regularly scheduled meeting of the Sacramento Insight Meditation (SIM) Board of Directors was convened at 6:00 PM on Monday, October 10, 2022 via teleconferencing.

Attendance

President	Jon Siiteri	Member-At-Large	Amy Kovak
Vice President	Tony Pruitt	YPS Rep	Idris Ahmed
Treasurer	Absent	Faculty Rep	Diane Wilde
Secretary	Alice Carney	SDC Rep	Absent
Recorder	Karen Tercho	Member-At-Large	Karen Tercho
Member-At-Large	Greg Gollihur		

Beginnings

The meeting began with a five-minute sitting, personal check-in, and reading of the Board Participation Guidelines.

Minutes

SIM Board Minutes from September 12, 2022 were reviewed and approved unanimously.

1.0. Board-Faculty Communication (6:25-6:40)

1.1 Faculty Report - Diane Wilde provided her faculty report. Dennis indicates he will attend future board meetings.

Regarding the visiting teachers, Diana Clark may spend more time at SIM. Walt Opie is interested in doing administrative tasks. Walt and Vance are both interested in mentoring.

Regarding the Intro to Meditation sessions (Thursdays at 6:00pm), faculty would like to require a fee in order to retain participants.

Diane described miscommunications and SNAFUs with visiting teachers that should be remedied (reminders to teachers are needed, for example) with the Teacher Care Team.

Diane received positive feedback about Eric Clark's participation at SIM.

1.2 Legacy Project Update (Tony, Alice)

Team has not met since last Board meeting. Vance and Walt would like to participate.

A discussion followed: We are stretched thin in terms of board members. Jon is thinking of making an announcement on a Thursday night, asking SIM community members for some help/ participation/ volunteers. Karen was reminded of Eric Clark's talk about how freedom equals responsibility. Increased need for fundraising projects means we will need more SIM board members and volunteers. Jon pointed out that it is important to clearly define what we're asking for from SIM community members, including for the end-of-year appeal (letter). Tony reminded us that many community members are willing to help but would prefer not to sit on the Board SBMG is also doing a big end-of-year fundraising.

1.3 Teacher Care Team -

Karen and Rich are meeting on October 18. We'll attempt to identify a Sangha member to participate. Karen indicated she can take care of routine scheduling and reaching out to visiting teachers in the interim. Karen needs the tasks to be more clearly defined, which we can do when Karen and Rich meet.

Suggestion that Teacher Care Team name should be revised. Teacher Liaison Crew? (TLC) or Teacher Team? (TT).

2.0. Fiscal (6:40-6:45)

2.1 September Financial Reports (in meeting materials)

Financial Summary as of Sept 30, 2022

Monthly Report:

Prior to this meeting, the Treasurer reviewed SIM's Statement of Financial Position and Statement of Activity Reports for August 2022. Those reports are provided in the Meeting Materials.

SIM's finances stand as follows:

Total Liabilities and Equity: \$119,194.99

Activity (Total Column):

Net Revenue through June: \$14,622.66 (-\$11,132.55)

Net Revenue through July: \$9,442.48 (-\$5,180.18)

Net Revenue through August: \$8,115.89 (-\$1,326.59)

Net Revenue through September: -\$8,823.22 (-\$16,939.11)

Notes:

- The net expenditures for September include final payment to the Mercy Center and related expenses for the Annual Retreat, as well as Teacher dana to Greg Scharf. Teacher dana for Neesha Patel is outstanding.

2.2 Year-End Fundraising Letter - need input from Legacy Committee by end of Oct. Board needs to approve a proposal for the fundraising letter by November meeting.

Questions about Finance Committee procedures (executive team) from Greg. Sara will schedule a SIM finances learning session with Greg and Karen.

3.0. Operations Issues (6:45-6:55)

3.1 Website Committee Report (Jon, Amy, Karen, Alice)

Website committee needs to meet again and go over Three29's latest changes, then we will send in the next round of edits. Progress is being made.

4.0. Community Outreach (6:55-7:15)

4.1 December 1st SIM Celebration Planning (Amy)

Tony, Robin Primavera, and Amy have met and come up with a draft program for the evening. The plan was presented to the faculty who has provided feedback. Schedule is being worked on. John Travis, Steve Armstrong, Kamala Masters will each present via Zoom. There will be time to acknowledge the SIM teachers and other teachers to join online or in-person. Would also like to acknowledge key volunteers - Margaret, Bob, Jerry, and planning team are looking into small gifts. Schedule: Introduction of SIM Legacy Project. There will be a Q&A, then cake and tea. Team is looking into vegan/gluten free cakes. Team is also looking into the best option for

an email list. Team would like to ask the Board for funding - no exact figures yet. Team should have the request ready in time for the next board meeting.

4.2 YPS Update (Idris)

YPS has had a couple of meetings including a visiting teacher with Pawan Bajera, which was well-attended. There was a peer-led meeting with only two people at SDC. Discussed integration issues with SIM - lack of time and availability is a big reason that YPS members don't always go to SIM. Idris indicates that announcements should continue about SIM events (Karen will post to YPS list about SIM events; Rich does this too).

4.3 Diversity/Inclusivity Committee (Amy)

Committee (Alice, Rich, Amy) met last week to discuss the future of the committee. Will go on a hiatus for a while; they have completed many of the objectives that they set out to do. Legacy Project does address diversity of teachers which will hopefully increase diversity of community members. Considered providing monetary support to IMS diversity efforts, but IMS is no longer taking money as the program is very well supported. Developing affinity groups - this will possibly develop organically from Sangha members. If group needs to reconvene to address a specific matter, they are willing to do that.

5.0. Retreat and Class Updates (7:15-7:30)

5.1 Residential retreat 2023 (Survey summary and proposal in [meeting materials](#))

Proposal: To hold SIM Retreat November 12 - 19, 2023 at the Mercy Center with Greg Scharf (possibly another teacher too).

Yes vote passed unanimously

5.2 Class Updates (Amy)

Beginning meditation class - registration is open, there are 18 registered (starts Oct. 19)

Diane's Eightfold Path class is filling.

Idris has agreed to become the SIM registrar.

Amy asks if it's possible to have registration open closer to the start of the class. Protocols in the past have broken down (communication between teacher, registrar, Board member who plans classes). Amy is working on communication between webmaster and registrar

6.0. Volunteer Updates (7:30 - 7:40)

6.1 Volunteer Update (Jon)

Jon had a report from Margaret. There are different types of volunteer opportunities, some don't require in-person. Margaret plans to write a set-up procedure for volunteers. Margaret will look for a successor for her position. Tony volunteered to support her on that.

Jon reported on suggestions that the Board looks at revising the announcements - perhaps separate board members could announce different elements? This would be difficult from a scheduling perspective (Amy and Karen agree on this). Discussion: it is OK to go off-script at times, though we could and should discuss other ways to make the announcements more engaging.

6.2 SDC Representative and Retreat Manager Thank Yous

Idea to acknowledge volunteers on Dec.1 or separately

7.0. SDC (7:40 - 7:50)

7.1 SDC Report (Jon)

Mortgage reduction campaign is getting more critical due to sharp rise in interest rates, balloon mortgage. There will be a big fundraising campaign to lower the SDC mortgage.

Concern was raised that on our SIM website there was a Recovery event listed as in-person that should not have been listed as such. A busload of people showed up unannounced. This website issue has been corrected.

8.0. Next Board Meeting

November 14, 2022 @ 6pm - 8:30pm

Respectfully submitted
Karen Tercho, Recorder
Alice Carney, Secretary