



# Sacramento Insight Meditation

## FINAL

### Sacramento Insight Meditation Board Meeting Minutes, September 13, 2021

A regularly scheduled meeting of the Sacramento Insight Meditation (SIM)  
Board of Directors was convened at 6:00 PM on Monday, September 14, 2021  
via teleconferencing

#### In Attendance

<b>President</b>	Cathy Vigran	<b>Member-At-Large</b>	Tony Pruitt
<b>Vice President</b>	Jon Siiteri (absent)	<b>Member-At-Large</b>	Amy Kovak
<b>Treasurer</b>	Sara Denzler	<b>Faculty Rep</b>	Dennis Warren
<b>Secretary</b>	Alice Carney	<b>SDC Rep</b>	Bob Jenne
<b>Recorder</b>	Christine Bitonti (Absent)	<b>YPS Rep</b>	Karen Tercho

#### Beginnings

The meeting was called to order by President Catherine Vigran at 6:00 pm. She led the group in a brief period of meditation followed by a reading of the *Guidelines: Board Participation as Dharma Practice* and a member check-in.

#### Minutes

The Board reviewed and approved (unanimous) August 9, 2021 Meeting Minutes

#### 1.0. Fiscal

1.1. Sara submitted the August financial report

## Financial Summary as of Aug 30, 2021

Prior to this meeting, the Treasurer reviewed SIM's Statement of Financial Position and Statement of Activity Reports for January – August, 2021. Those reports are provided in the Meeting Materials.

SIM's finances stand as follows:

Total Liabilities and Equity: \$128,610.81

Activity (TOTAL Column):

Net Revenue through June: \$7,908.41 ( +\$390.71))

Net Revenue through July: \$9,949.52 (+\$2,041.11)

Net Revenue through August: \$10,904.02 (+\$954.50)

Notes:

Income through August includes \$7,302.91 in Annual Retreat related income and expenses. Retreat expenses will be addressed in Agenda Item 3.1 below.

SIM 2021 Annual Retreat (as of 09/11/21):

Total registrants: 87

Total attendees: 82-83

Registration fees: \$7,385.00 (not including \$1,315 in scholarships)

Expenses:

PayPal Fees - \$192

Registrar - \$400 (+ \$60 expected)

Website & Bookkeeping – est. \$500

Total: \$1152

Retreat dana: \$7,320.00 (+ \$300 expected)

## **2.0. Community Outreach**

### 2.1 Reopening update

Cathy reported that attendance of hybrid Thursday sits has been good with approximately equal numbers of attendees in person and on Zoom on most nights, in many cases, about 20 in the hall, and 20 on Zoom. Response to in-person meetings has been very positive. She thanked Karen and the audio-visual team for their work, which is donated as dana. There was a discussion of paying an A/V tech for Saturday all day retreats and Thursday nights as needed. It was unanimously agreed to pay Dirk Tiel (A/V professional contact from Jerry Simkins) \$200 for Daylong retreats and \$75 for Thursdays as needed.

There was discussion of how to determine and post on the website whether teachers are attending remotely or in person. Dennis will take to the Faculty the question of developing a process for communicating teachers' plans to the Board, and will take responsibility for reporting on which teachers are in person and which on Zoom in the interim.

Sara stated that there was a need for someone on the board to be a specific liaison with the E-New and website. She has discussed this with Alice and they will report back next month.

## 2.2 YPS Update

Karen reported that starting in October YPS will meet the 1st (in person for planning purposes), 2nd (hybrid with a teacher), and 4th (in person) Tuesdays of the month. She reported that YPS members who would like to meet more frequently will be urged to attend SIM on Thursday nights.

## 2.3 Update from Diversity/Inclusivity Committee

Amy read the revised Diversity/Inclusivity statement. The Board voted unanimously to accept the statement and have it put on the homepage of the website. Amy said that her committee will now work on a Land Acknowledgment statement. Cathy thanked her for the work she and the committee had done on creating the statement.

## 2.4 Caring Council

Cathy is continuing to work with Barbara Briscoe, and will report back to the Board.

## 2.5 Request from Diane for SIM's email list for climate sangha

There was lengthy discussion of this as there was concern by the Board about confidentiality for the sangha members who have entrusted us with their email addresses. It was suggested that instead a link to non-SIM upcoming events could be put on the E-news and website in an appropriate place. Cathy will contact Diane to see what the Climate Sangha would like to have done. Tony pointed out that we do not have a written policy regarding which items are appropriate for inclusion in the E-news and website. He agreed to be a temporary point person for the Board, preparing for this as an item on the October agenda.

## **3.0. Retreat and Class Updates**

### 3.1 Residential Retreat Debrief

Retreat committee feedback: Sara requested that retreat committee members send her an email on their experience. Tony pointed out that being a host while also on retreat was stressful.

Karen suggested that a professional A/V person could be hired to host if we have another on-line residential retreat.

Retreat finances (covered in 1.1)

After lengthy discussion, the Board voted unanimously to grant \$10,000 (dana from retreat plus amount needed from registration fees to make up that amount) to the retreat teachers, Steve and Kamala Masters. Remaining money will be held for scholarships and a fund, if necessary, for next year's residential retreat, which may be a financially riskier undertaking depending on the situation with the pandemic.

Sara reported that Alicia Patrice will not be continuing as registrar for future retreats or classes, so the Board will need to find another registrar for 2022.

3.2 SIM's monthly daylong retreats

The Board is proceeding with plans to resume in-person monthly daylong retreats. A/V coverage was covered in 2.1 Margaret Buss had reported that she had adequate volunteer support for set-up and take down. Rich Howard and Diane Wilde had already indicated their willingness to teach monthly daylongs in person, and Dennis Warren said that he will resume in-person teaching at his daylong scheduled for December.

## **4.0. Board-Faculty Communication**

4.1. Faculty Report

Dennis reported that the faculty is considering teaching a new course together starting in December or next year. A Faculty representative will report back to the Board on this.

## **5.0. Volunteer Updates**

Cathy thanked Tony and Margaret for their work with volunteers, and stressed how positive people have been about being able to meet in person. Tony reported that he had a good group of greeters and will take on responsibility for greeter scheduling on Convoy.

## **6.0. SDC**

6.1. Building Report

Cathy praised Bob for the September Building report. It is filed on Google Docs at [https://docs.google.com/document/d/1O3vtGvn1ayUNfldA\\_VZmhO8NygsjHV9i/edit](https://docs.google.com/document/d/1O3vtGvn1ayUNfldA_VZmhO8NygsjHV9i/edit)

## 6.2. Policy Report

Cathy reported that Barbara Colton, the SDC President, is in communication with all three sanghas about plans for audiovisual tech coverage that might support each group in their efforts to resume in-person meetings. Bob reported that SDC will be holding a Fall Fundraiser to pay down the SDC building mortgage.

## 7.0. Operations Issues

7.1. Webpage Committee Report (tabled to October)

7.2. Protocol Approval

Sara read the draft protocol for Hosting for monthly Introduction to Meditation (located in Google Docs). After discussion, Dennis said that the faculty will use their personal Zoom accounts for the classes (*I'm not sure this is correct - SD*). Dennis said that he would close IM classes at 6:40 in order not to conflict with A/V for SIM 7 pm sit. The revised protocol will be on the agenda for approval at the October meeting.

## 8.0. Next Board Meeting

**October 11, 2021 @ 6pm - 8:30pm**

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Respectfully Submitted,  
Catherine Vigran, President  
Alice Carney, Secretary