



Sacramento Insight Meditation

FINAL

Sacramento Insight Meditation Board Meeting Minutes, February 22, 2021

A regularly scheduled meeting of the Sacramento Insight Meditation (SIM) Board of Directors was convened at 6:00 pm on Monday, February 22, 2021, via videoconferencing.

In Attendance

President	Cathy Vigran	Member-At-Large	Alice Carney
Vice President	Jon Siiteri	Member-At-Large	Amy Kovak
Treasurer	Sara Denzler	Faculty Rep	Diane Wilde
Secretary	Barbara Briscoe	SDC Rep	Bob Jenne
Recorder	Absent	YPS Rep	Karen Tercho

Beginnings

The meeting was called to order by the President, Cathy Vigran, at 6:00 pm. She led the group in a brief period of meditation followed by a reading of the *Guidelines: Board Participation as Dharma Practice* and a member check-in.

Minutes

The draft of the Board of Directors' meeting minutes for January 25, 2021, was revised and approved by the Board and will be available in the SIM library.

1.0. Fiscal

1.1. January Financial Reports

Total Liabilities and Equity: \$115,735.60

Activity:

TOTAL Column:

Net Revenue through January: \$4,370.35

Other Financial Items:

Sara Denzler will be sending tax documents to Tate Associates for 2020 tax preparation.

Cathy Vigran reported that the Board unanimously approved by email to give \$1000 dana to Greg Scharf for his Senior Teacher weekend. This is in addition to the \$1400 dana contributed by attendees.

2.0. Community Outreach

2.1 Update from Diversity/Inclusivity Committee.

To remain on agenda for next meeting

2.2 Proposal for Board/Faculty reimbursement for racial justice education

The BOD voted unanimously in support of Cathy Vigran's proposal for financial reimbursement to Board/Faculty members and key volunteers for retreats and classes for racial justice education. Sara Denzler proposed a temporary estimate of \$600 per year per person to see if that amount covers the need. See the full proposal in February Meeting Materials.

2.3 Follow-up on community-building Zoom suggestions, including "how to"

Cathy Vigran reported that welcoming newcomers and the "break-out rooms" are working well, getting good feedback from the community. There was a discussion on the protocol of welcoming newcomers in the Zoom chat. Sara Denzler suggested that those instructions be kept on the Thursday Night Meeting Materials Zoom Announcements and updated as needed.

There was a discussion of Zoom hosting for Diane Wilde's Introduction to Meditation class and Daylong Retreat. She will host her own meetings and use the SIM Zoom account.

2.4 YPS update

Karen Tercho thanked the BOD for the \$50 matching dana for their teachers. She reported that a YPS member has offered to help with the website. Jon Siiteri said the website committee will contact them when they have more information, but in the meantime will send them a thank you

for their interest. There was discussion of YPS using the SIM Zoom account for meetings. Sara Denzler noted that YPS already has that permission.

KT to let SD know who is given the SIM Zoom account password.

3.0. Retreat and Class Updates

3.1. Residential Retreat 2020: Development of Managers' Guidance

To remain on agenda for March meeting

3.2 Board Liaison Volunteers and Registrars for Spring Classes and Daylongs

Amy Kovak reported that the Board liaison for the OSOS class is Jon Siiteri and the BMC is Amy Kovak. Diana Cassady will be the registrar for both BMC and OSOS. Rich requests that the Thursday night Announcer give information on the class two months before the class begins.

Cathy raised the need to increase publicity for the Senior Teacher weekend in 2022.

Diane Wilde will verify with the Faculty if they will be holding a Senior Teacher weekend in 2022 and who the teacher would be. Follow up by Jon.

3.3 Planning for Residential Retreat 2021 (tabled until March)

4.0. Board-Faculty Communication

4.1. Faculty Report

Diane Wilde reported from the February 3 Faculty report submitted by Dennis Warren: The teaching schedule is confirmed through August. The only exceptions are Gil Fronsdal, Kamala Masters and John Travis. We've invited Gil and Kamala to do a Thursday evening and John to do a one-day. The schedule is attached.

Greg Scharf has agreed to teach our 2022 retreat, which may include another teacher as well, since he likes to co-teach.

Everything is in place for the Beginning Meditation Class (registration, flyer, Diana as registrar).

The Other Side of Suffering (OSOS) course is full with a wait list and a registrar is in place.

Matt Russell is willing to teach MBSR online, and it would likely be after our other classes and before the fall semester.

There was extensive discussion on the timing of registration for courses. Sara Denzler stated that we need to make this work on a case by case basis, but it's important to get teachers,

liaisons and registrars in the loop to get the order right. Cathy suggested that the BOD representative (Amy Kovak) be notified before registration is open.

5.0. Volunteer Updates

5.1. Report from Margaret

Cathy Vigran reported that Margaret Buss anticipates communicating with volunteers before the official opening of the SDC building, but it is too soon to do so now.

5.2. Registrar Volunteers

Amy Kovak reported on the need to find more volunteers for registrar as we only have Greg Golihur and Diana Cassidy now. David Guerrieri has agreed to be an additional registrar. She said that 6 registrars would be ideal. There was a discussion of outreach for volunteers, including tech volunteers.

6.0. SDC

6.1. Building Report

Bob Jenne's report is filed in the February Meeting Materials on Google Docs. He reported that solar power is not yet up, that a fence plan is in process and that he will communicate with the neighboring Mormon church on that. There was an extensive discussion of the need for volunteer or paid support for tech when SDC is again open.

6.2. Policy Report

Cathy Vigran reported on her meeting with Barbara Colton of SDC. 1) There is a need for a SIM representation on the SDC Audio Committee. Jerry Simkins is a possible candidate. 2) Barbara Colton says younger people are needed on the SDC Board. Karen Tercho has talked to a person in YPS who may be willing to sit in on some SDC Board meetings to check them out. 3) Barbara Colton says SDC will be asking for an increase in donations.

AK agreed to ask Jerry Simkins to be the SIM representative. Done by Cathy
KT to follow up with a YPS person to serve on SDC Board.

6.3. SDC Re-Opening Committee, Update

Jon Siiteri reported that there is no specific date for reopening the SDC. Cathy Vigran thanked Jon for being on the committee and he verified that he would remain on the committee.

JS to relay above information to Margaret Buss and will contact Barbara Colton regarding the re-opening process.

JS to report on next meeting of SDC Re-Opening Committee at April Board Meeting.

7.0. Operations Issues

7.1 Board Update: Recruitment planning

Cathy Vigran reported that Tony Pruitt is willing to join the BOD. His final interview will be on Thursday, February 25 with Cathy, Jon, and Alice.

7.2. Website Committee Report

The Website Committee reported that they are in communication with two different web designers and that they will be meeting with Sabitre on February 28. Committee members to give up date on recent progress at March meeting.

7.3. Protocol Update

Submission of items to eNews and webpage Pending (Sara)

Policies for daylong Retreats approved

Protocol for Daylong Registrars approved

Protocol for SIM Scheduling approved

Barbara Briscoe reported that the protocols are up to date, but always need review and updating. The Protocols are stored on the Google Drive: SIM Main Folder/Organizational Documents/Policies and Procedures.

BOD expressed their appreciation to Barbara Briscoe for her work and years of commitment to SIM and the Board. It was unanimously agreed that she will be missed.

8.0. Next Board Meeting

March 22, 2021 @ 6pm - 8:30pm

The February 22, 2021, *Action Items* were reviewed.

Respectfully Submitted,
Barbara Briscoe, Secretary

Alice Carney, Recorder