

Assessing Your Practice

A One Day Retreat With Dennis Warren

PERFORMANCE

SATISFACTION

WELL-BEING

A one day Mindfulness retreat
with an in-depth exploration of a user-friendly
practice self-assessment tool.

Saturday, September 29, 2018

8:30 am - 4:30 pm

Register at

<http://sactoinsight.org/event/retreat-sep-29/>