

Sacramento Insight Meditation welcomes visiting Senior Teacher

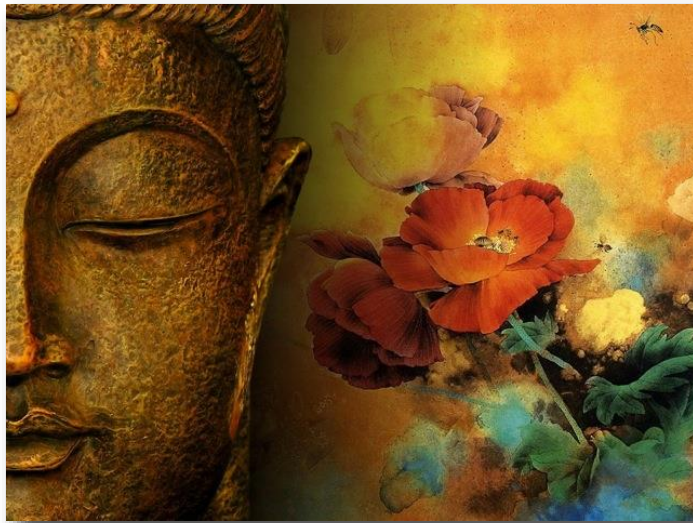
Kamala Masters

Evening talk on Thursday Feb. 23rd (7:00 pm to 9:15 pm)

“Two Wings of the Dharma: Compassion and Wisdom”

Daylong retreat on Saturday Feb. 25th (9:00 am to 4:30 pm)

“The Three Pillars of the Dharma”



Kamala Masters teaches retreats in the Theravada tradition at venues worldwide, including being a Guiding Teacher and member of the Board of Directors at the Insight Meditation Society at Barre, Massachusetts. She teaches nationally and worldwide including Canada, Italy and in New Zealand with Ajahn Chandako. Practicing since 1975, her teachers have been the late Anagarika Munindra of India and Sayadaw U Pandita of Burma with whom she continues to practice, as well as Sayadaw U Tejaniya. Kamala has a commitment to carrying and offering the purity of the teachings of the Buddha in a way that touches our common sense and compassion as human beings, and allows the natural inner growth of wisdom.

Dates: February 23, 2017 (7 pm to 9:15 pm)

February 25, 2017 (9 am to 4:30 pm)

Place: Sacramento Dharma Center
3111 Wissemann Drive, Sacramento, CA 95826

Thursday evening: no registration

Saturday daylong: registration required (\$35 registration fee)

(The practice of Dana is accepted at both events)

For more information or to registrar: www.sactoinsight.org/event/day-long-02252017/