



# Sacramento Insight Meditation

## **FINAL Minutes Board of Directors Meeting Monday, June 18, 2018**

A regularly scheduled meeting of the Sacramento Insight Meditation (SIM) Board of Directors was convened at 1:30 pm on Monday, June 18, 2018 at the Sacramento Dharma Center (SDC), 3111 Wissemann Drive, Sacramento, CA 95826.

### **In Attendance**

Presiding President	Cathy Vigran
Vice President	Jerry Simkins
Treasurer	Sara Denzler
Secretary	Barbara Briscoe
Member-At-Large	Barbara Colton - by phone
Mentor	Rich Howard

### **Beginnings**

The President, Cathy Vigran, led the group in a brief period of meditation followed by a reading of the *Guidelines: Board Participation as Dharma Practice*.

### **Meeting Minutes**

The Board approved the minutes of the May 28, 2018 meeting which will be available on the SIM website.

#### **1.0 FISCAL**

##### **1.1. May Financial Reports**

The Treasurer reviewed the May 2018 financial reports highlighting the points below:

Total Assets: \$96,326.45

Net Revenue:

Jan - Apr: \$25,417.96

Jan - May: \$26,600.69 (up \$1,182.73)

Net Revenue without Annual Retreat:

Jan - May: \$5,868.89

The *Net Revenue* total from January through May, reflected an increase of \$1,182.73 as compared to the *Net Revenue* total from January through April. General Fund contributions averaged \$2,412/mo for the five months January through May, which is an increase from the average of \$2,300/mo for the four months, January through April.

The *Net Revenue* **excluding the annual retreat** (\$5,868.89) shows that revenues now exceed expenses.

### Jan-May 2018

	General	Residential	Total
Total Revenue	\$32,918.49	\$24,995.00	\$57,913.49
Total Expenditures	\$27,049.60	\$4,263.20	\$31,312.80
<b>Net Revenue</b>	<b>\$5,868.89</b>	<b>\$20,731.80</b>	<b>\$26,600.69</b>

### 1.3 Posting of Financial Information on The Webpage

The Treasurer and Webmaster, Sabitre Rodriguez, plan to meet in July to discuss how best to convey SIM's financial picture on the webpage.

## 2.0. RETREAT UPDATES AND ISSUES - 2018 Sept Residential Retreat

### 2.1 2018 Residential Retreat Finances and Logistics

Rich Howard reported on the residential retreat:

As of June 18, 2018 the retreat is full (35) with one person of the 35 who has not paid the balance due (\$300).

There is one person on the waitlist, who has not paid.

There are two scholarship recipients; one has paid the one-half due, the other has not paid and has not responded to emails.

Vice-President, Jerry Simkins, cancelled during the Board meeting. Therefore the person who is on the waitlist will be contacted.

The President and Secretary will try to coordinate a time on July 2nd to accompany the cook, Michelle Reynolds, to The Community of The Great Commission in Forest Hills so

she can become acquainted with the facilities. Rich Howard will contact Michelle and Nora Johns who resides at The Great Commission to make the arrangements. Pictures will also be taken of the following:

- beds - platform vs. saggy, quality of mattresses
- cabinet/small refrigerator for participants with special dietary needs
- tent camping option
- meditation chairs

Rich indicated that he will be providing shuttle service before the first sitting and after the last sitting for anyone that has mobility issues.

Rich will provide the total deposit amount due for the food (\$10/person) to Sara who will send a check to Michelle one week before the retreat start date.

### **3.0 SDC**

#### **3.1 RSO Policy Update and Implementation**

Bob Jenne provided revisions of the 4/22/2018 draft of the *Sacramento Insight Meditation Policy for Registered Sex Offenders*.

The President began the discussion with a review of the policy process thus far. SIM initially adopted the 4/22/2018 draft policy at our April 23, 2018 Board meeting. Implementation of the policy has been delayed as the other sanghas decide whether to adopt the same policy or to adopt a modified policy. The President expressed a need to move forward so that the SIM participant, who is an RSO, can be advised of our position.

Bob Jenne explained the changes in the new draft dated 6/12/2108 from the initial draft dated 4/22/2018. The changes include:

A required signature from the RSO to indicate that he/she has read the policy and understands its contents.

Greater detail to the issue of confidentiality.

Two representatives instead of one from each sangha.

The SIM Board discussed the implications of the changes and unanimously agreed to adopt the new draft of *Sacramento Insight Meditation Policy for Registered Sex Offenders*. The Board discussed the benefit of having the RSO have an advocate to accompany him/her to meetings with the SIM representatives. The President reported that the Presidents of SBMG and VSZS had expressed a desire to have female representation on the RSO committee, and Bob Jenne noted that this wish had also been expressed at meetings he attended. All the female members present at the

meeting were offered the opportunity to serve on this committee, and declined, citing overcommitment with other responsibilities. Jerry Simkins agreed to continue as the SIM representative to this committee, and Bob Jenne agreed to be a second representative for SIM. The decision about having the RSO participate in the residential retreat will be postponed until the policy is in the implementation phase.

The SIM Board discussed the next steps in implementing the policy. Since the Board prefers to work in collaboration with the other three sanghas to alleviate undue stress to the RSO and to the individual sanghas, the SIM Board will wait to see if their Boards adopt the same policy. Sacramento Buddhist Meditation Center's Board meets June 19 and Valley Streams Zen Center's Board meets June 27. We do not know when the SDC Board will discuss adoption of the revised policy, but since the SDC Board adopted the initial policy, Bob Jenne expects them to adopt the revised policy.

SIM will contact the other sanghas to inform them that we have adopted the policy and that we are willing to wait until June 27 to implement the policy in the hopes that the sanghas can work together. Jerry Simkins agreed to write an email to the current RSO and include the policy for review. He will send a draft of his note to the Board members for review.

### **3.2 Sex Abuse Survivor Support Group**

The President attended a meeting of the group on June 11th. The group discussed concerns regarding the RSO policy.

### **3.3. Building Report, Art and Design Committee Report**

Not discussed.

### **3.4. Policy Issues, Decisions, Developments**

Not discussed.

### **3.5. Permanent Altar Committee**

The Permanent Altar Committee has scheduled July 2nd for their next meeting.

## **4.0. Community Outreach**

### **4.1. Veteran Women's Voices**

To be deferred until Board meeting in July.

### **4.2 Thank-you note completion**

The President, Cathy Vigran, reports that the thank you notes assigned to her by Barbara Colton have been sent. We do not know if the notes assigned to Barbara Colton have been sent yet, and will discuss their completion at the next meeting.

### **4.3. Update on Google Communication System**

The Webmaster, Sabitre Rodriguez, has been informed that the Board approves her announcing to the community that this system is available and how to access the system.

## **5.0 Board-Faculty Communication**

### **5.1 Faculty Report**

#### **5.2. Meg Gawler's Class**

The flyer for Meg Gawler's course, *Preparing the Ground for Samadhi*, was available for review. The course would extend over 7 1/2 months starting September 6, 2018 and would include monthly talks during the regularly scheduled Thursday dharma talks. There would also be online coursework, activities and a required course-buddy for the purpose of personal processing. One time every month students would either meet in person or Skype individually with Meg for a period of twenty minutes. The President agreed to send the full syllabus to the Board for review. Rich reported that the faculty unanimously approved SIM's sponsorship of this course.

SIM would be responsible to have a place for Meg to stay overnight on her designated Thursday talks; to provide a screening questionnaire to determine appropriateness of applicants for the course; for publicity; for processing payments; and for developing and maintaining an independent webpage that is password protected. Due to the extensive responsibilities that SIM would have, it was suggested that the beginning date of the course be pushed back to October 2018.

The Board looked at how Meg would be supported for her efforts, and Rich recommended as follows:

Thursday talks - 100% of dana

Individual teacher/student sessions - 100%

\*Online materials (a "Donate" button) - 100%

Rich Howard agreed to be registrar for the course. He will also talk to Sabitre about how much time the above responsibilities would cost SIM so that a registration fee can be determined. A thirty-five dollar registration fee is customary and preferred but may not cover the costs of the course.

The Board approved SIM's sponsorship of this course, while deferring final decisions regarding financial arrangements pending further research. The President agreed to notify Meg Gawler of our decision.

\* To be tax deductible PayPal payments must be processed by SIM.

## **6.0 Volunteer Update**

Not discussed.

## **7.0. Operations Issues**

### **7.1. Review of Action Items from May meeting**

The May Action Items were reviewed.

### **7.2. Record Retention**

The Treasurer continues to work with Alicia Patrice to address the retention of records.

## **8.0 NEXT BOARD MEETING**

July 16, 2018 at 2pm to 4:30pm.

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Respectfully Submitted  
Barbara Briscoe  
SIM Secretary

