THE VOW

At some point
he realized
he had to make a choice
or his weaknesses,
and his fears
would dominate him
for the rest of his life.

The pain of
being aware,
of seeing
the consequences
of not choosing,
had become
more painful
than continuing
to giving in.

So he made a vow,
not about
the future,
but about
what he would do
now,
in this moment,
over and over
again.

Dennis Warren