

EVERYTHING WE NEED

We have everything we need
In this moment of awareness.
Everything we need to be
what we are capable of being.
Everything we need to do
what we are capable of doing.

It's important to remember
that what we are capable of,
and what we wish for,
may be two different things.

Our lives will unfold
at their own pace and their own rhythm.
This can't be forced or changed.

Our role is to see deeply
into these truths
and align our intentions and actions
accordingly.

Dennis Warren