

## **BECOMING FULLY ALIVE**

People say  
that what we're seeking  
is a meaning to life...

I think  
what we're seeking  
is an experience  
of being alive,  
so that  
our life experiences  
on the purely physical level  
will have resonance  
with our  
innermost being and reality,

so that  
we can actually feel  
the rapture  
of being alive.

*Joseph Campbell*